



## Preventive Care Coverage at No Cost to You

## Effective Jan. 1, 2025

Your health plan may provide certain contraceptive coverage as a benefit of membership, at no cost to you when you use a pharmacy or doctor in your health plan's network. There is no copay, deductible or coinsurance, even if your deductible or out-of-pocket maximum has not been met. Some examples of contraceptive drugs and products that may be covered under your plan are on this list. They will be reviewed from time-to-time and are subject to change. Coverage for contraceptives can vary depending on the type of plan you are enrolled in, as well as your prescription drug list. If you are using a contraceptive not listed under the Contraceptive Product Coverage, then copays, coinsurance or deductible may apply. Check your drug list or call the number listed on your member ID card to find out what products are covered at no cost share under your plan.

## **CONTRACEPTION\***

The following contraceptive items and services may be covered under the medical or pharmacy benefit without cost-sharing when provided by a pharmacy or doctor in your health plan's network. This list is not all inclusive. Additional products may be covered at no additional cost.

- All of the prescribed products within each of the categories approved by the FDA for use as a method of contraception, other than those that have at least one therapeutic equivalent.
- FDA-approved contraceptives available over the counter (i.e. foam, sponge, birth control pill, female and male condoms), when prescribed and dispensed via network pharmacy
- Injections such as DEPO-PROVERA and DEPO-SUBQ PROVERA 104 may be covered under the medical or pharmacy benefit
- Medical devices such as diaphragms, cervical caps and contraceptive implants may be covered under the pharmacy or medical benefit
- Female sterilization, including tubal ligation and tubal implant

• The morning after pill



## **CONTRACEPTIVE PRODUCT COVERAGE\***

## **CERVICAL CAPS**

FEMCAP – cervical cap 22 mm, 26 mm, 30 mm

## DIAPHRAGMS

CAYA - diaphragm arc-spring

OMNIFLEX DIAPHRAGM – diaphragms WIDE-SEAL SILICONE DIAPHR – diaphragm wide seal 60 mm, 65 mm, 70 mm, 75 mm, 80 mm, 85 mm, 90 mm, 95 mm

## **EMERGENCY CONTRACEPTIVES**

Aftera (Plan B One-Step)

Afterpill (Plan B One-Step)

Curae (Plan B One-Step)

Econtra One-Step (Plan B One-Step)

ELLA – ulipristal acetate tab 30 mg

- Her Style (Plan B One-Step)
- levonorgestrel tab 1.5 mg
- (Plan B One-Step)
- My Choice (Plan B One-Step)
- My Way (Plan B One-Step)
- New Day (Plan B One-Step)

Opcicon One-Step (Plan B One-Step)

Option 2 (Plan B One-Step)

React (Plan B One-Step)

Take Action (Plan B One-Step)

## **FEMALE CONDOMS**

FC2 FEMALE CONDOM – condoms – female

## **MALE CONDOMS**

ALL MALE CONDOMS

## **IMPLANTABLES**

NEXPLANON – etonogestrel subdermal implant 68 mg $^{\dagger}$ 

## **INJECTIONS**

DEPO-SUBQ PROVERA 104 – medroxyprogesterone acetate susp pref syr 104 mg/0.65 mL<sup>†</sup>

medroxyprogesterone acetate IM suspension 150 mg/mL (Depo-Provera Contraceptiv) medroxyprogesterone acetate IM suspension prefilled syringe 150 mg/ mL (Depo-Provera Contraceptiv)

## INTRAUTERINES

KYLEENA – levonorgestrel releasing IUD17.5 mcg/day (19.5 mg total)†LILETTA – levonorgestrel releasing IUD20.1 mcg/day (52 mg total)†MIRENA – levonorgestrel releasing IUD20 mcg/day (52 mg total)†PARAGARD INTRAUTERINE COP –<br/>copper IUD†SKYLA – levonorgestrel releasing IUD14 mcg/day (13.5 mg total)†

### **ORAL CONTRACEPTIVES**

ORAL COMBINED Afirmelle Altavera Alyacen 1/35, 7/7/7 Apri Aranelle Aubra EQ Aurovela 1/20, 1.5/30 Aurovela Fe 1/20, 1.5/30 Aurovela 24 Fe Aviane Ayuna Azurette Balziva Blisovi Fe 1/20, 1.5/30 Blisovi 24 Fe Briellyn Charlotte 24 Fe Chateal EQ Cryselle-28 Cyred EQ Dasetta 1/35, 7/7/7 Delyla desogest-eth estrad & eth estrad tab 0.15-0.02/0.01 mg (21/5) drospirenone-ethinyl estradiol tab 3-0.02 mg (Yaz)

drospirenone-ethinyl estradiol tab 3-0.03 mg (Yasmin 28)

drospirenone-ethinyl estradlevomefolate tab 3-0.02-0.451 mg (Beyaz)

drospirenone-ethinyl estradlevomefolate tab 3-0.03-0.451 mg (Safyral)

Elinest

Enpresse-28

Enskyce

Estarylla

ethynodiol diacetate & ethinyl estradiol tab 1 mg-35 mcg, 1 mg-50 mcg

Falmina

Finzala

Gemmily

Hailey 1.5/30

Hailey Fe 1/20, 1.5/30

Hailey 24 Fe

Jasmiel

Joyeaux Iuleber

Junel 1/20, 1.5/30

Junel Fe 1/20, 1.5/30

Junel Fe 24

Kaitlib Fe

Kalliga

Kariva

Kelnor 1/35, 1/50

Kurvelo Larin 1/20, 1.5/30

Larin Fe 1/20, 1.5/30

Larin 24 Fe

Layolis Fe

Leena

Lessina

### Levonest

levonorgestrel & ethinyl estradiol tab 0.1 mg-20 mcg, 0.15 mg-30 mcg



# **CONTRACEPTIVE PRODUCT COVERAGE\***

CONT	RACEPTIVE PRODUCT COVI	ERAGE*
levonorgestrel-eth estra tab 0.05-30/	Nortrel 0.5/35 (28), 1/35, 7/7/7	Vylibra
0.075-40/0.125-30 mg-mcg	Nylia 1/35, 7/7/7	Wera
levonorgestrel-ethinyl estradiol-fe tab 0.1 mg-20 mcg (21)	Nymyo	Wymzya Fe
Levora 0.15/30-28	Ocella	Zovia 1/35
Loestrin 1.5/30-21, 1/20-21	Philith	Zumandimine
Loestrin Fe 1/20, 1.5/30	Pimtrea	ORAL EXTENDED – CONTINUOUS
LO LOESTRIN FE – norethin-eth estradiol-Fe	Portia-28	Amethyst
tab 1 mg-10 mcg (24)/10 mcg (2)	Reclipsen	Ashlyna
Loryna	Simliya	Camrese
Low-Ogestrel	Sprintec 28	Camrese Lo
Lo-Zumandimine	Sronyx	Daysee
Lutera	Syeda	Dolishale
Marlissa	Tarina Fe 1/20 EQ	lclevia (91-day)
Merzee	Tarina 24 Fe	Introvale (91-day)
Mibelas 24 Fe	Taysofy	laimiess
Microgestin 1/20, 1.5/30	Tilia Fe	Jolessa (91-day)
Microgestin Fe 1/20, 1.5/30	Tri-Estarylla	levonorgestrel-ethinyl estradiol
Microgestin 24 Fe	Tri-Legest Fe	(continuous) tab 90-20 mcg
Mili	Tri-Linyah	levonorgestrel & ethinyl estradiol (91-day) tab 0.15-0.03 mg
Mono-Linyah	Tri-Lo-Estarylla	(91-04y) table. 15-0.05 mg levonorg-eth est tab 0.15-0.03 mg (84)
NATAZIA – estradiol valerate-dienogest tab 3 mg /2-2 mg/2-3 mg/1 mg	Tri-Lo-Marzia	& eth est tab 0.01 mg (7)
Necon 0.5/35-28	Tri-Lo-Mili	levonorg-eth est tab 0.1-0.02 mg (84) & eth est tab 0.01 mg (7)
NEXTSTELLIS – drospirenone-estetrol tab	Tri-Lo-Sprintec	levonor-eth est tab
3-14.2 mg	Tri-Mili	0.15-0.02/0.025/0.03 mg &
Nikki	Tri-Nymyo	eth est 0.01 mg
norethindrone ace & ethinyl estradiol tab 1 mg-20 mcg, 1.5 mg-30 mcg	Tri-Sprintec	Lojaimiess
norethindrone & ethinyl estradiol-Fe	Trivora-28	Rivelsa
chew tab 0.4 mg-35 mcg, 0.8 mg-25 mcg	Tri-Vylibra	Setlakin (91-day)
norethindrone ace-ethinyl estradiol-fe cap 1 mg-20 mcg (24) (Taytulla)	Tri-Vylibra Lo	Simpesse
norethindrone ace & ethinyl	Turqoz	ORAL PROGESTIN
estradiol-fe tab 1 mg-20 mcg, 1.5 mg-30 mcg	TYBLUME – levonorgestrel & ethinyl estradiol chew tab 0.1 mg-20 mcg	Camila
norethindrone ace-eth estradiol-fe	Tydemy	Deblitane
chew tab 1 mg-20 mcg (24)	VELIVET – desogest-ethin est tab	Emzahh
norethindrone ac-ethinyl estrad-fe tab 1-20/1-30/1-35 mg-mcg	0.1-0.025/0.125-0.025/0.15-0.025 mg-mg Vestura	Errin
norgestimate & ethinyl estradiol tab	Vienva	Heather
0.25 mg-35 mcg	Viorele	Incassia
norgestimate-eth estrad tab 0.18-25/0.215-25/0.25-25 mg-mcg,	Volnea	Jencycla
0.18-35/0.215-35/0.25-35 mg-mcg	Vyfemla	Lyleq
		Lyza

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RINGS

100 mg

## **CONTRACEPTIVE PRODUCT COVERAGE\***

NUVARING - etonogestrel-ethinyl estradiol

ANNOVERA - segesterone ace-ethinyl

estradiol va ring 0.15-0.013 mg/24hr

ENCARE - nonoxynol-9 vaginal suppos

VCF VAGINAL CONTRACEPTIVE FILM -

VCF VAGINAL CONTRACEPTIVE FOAM -

VCF VAGINAL CONTRACEPTIVE -

va ring 0.12-0.015 mg/24hr

**OPTIONS GYNOL II VAGINAL -**

**SPERMICIDES** 

nonoxynol-9 gel 3%

nonoxynol-9 film 28%

nonoxynol-9 gel 4%

nonoxynol-9 foam 12.5%

#### Nora-BE

#### norethindrone tab 0.35 mg

Norlyroc

OPILL – norgestrel tab 0.075 mg

#### Sharobel

SLYND - drospirenone tab 4 mg

#### PATCHES

#### norelgestromin-ethinyl estradiol td ptwk 150-35 mcg/24hr

TWIRLA – levonorgestrel-ethinyl estradiol transdermal ptwk 120-30 mcg/24hr

#### **Xulane**

Zafemy
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Generic Drugs = **bold** Brand Drugs = CAPITAL LETTERS

† = Covered under medical benefit

### SPONGES

TODAY SPONGE – nonoxynol-9 vaginal sponge 1000 mg

### VAGINAL GEL

PHEXXI – lactic acid-citric acid-potassium bitartrate gel 1.8-1-0.4%

\* Members may have additional reproductive health benefits per New Mexico law not represented within this list.

\* Some of these products may be covered under your medical benefit if provided by a doctor in your health plan's network. Most generic drugs listed are followed by a reference brand drug in (parentheses). The brand name drug in parentheses is listed for reference and may not be covered under your benefit. This list is not all inclusive. Additional products may be covered at no additional cost.

\* Prescription coverage for contraception may vary according to the terms and conditions of the plan and prescription drug list. A prescription may be required for coverage without cost-sharing under the pharmacy benefits for non-grandfathered plans. If your contraception product is not listed, check your prescription drug list or ask your doctor about therapeutic alternatives. Your doctor can submit a copay waiver or coverage exception from BCBSNM (unless you have a benefit exclusion) for contraceptive products not covered on your prescription drug list. Copay waiver and coverage exception forms for your doctor to fill out are available at <u>bcbsnm.com/provider</u> or <u>myprime.com</u>. Your doctor can also call the number on your member ID card to ask for a review. If you meet the conditions as outlined under the Affordable Care Act, you may have \$0 member cost-sharing (no deductible, copay or coinsurance). BCBSNM will let you, and your doctor, know the alternative drug (if applicable).

\* Certain group health plans established or maintained by organizations that qualify as religious employers may be exempt. These services may be covered under a plan's Pharmacy benefits.

This information is for informational purposes only, does not constitute legal or other advice and should not be relied upon to determine coverage. Affordable Care Act regulations provide for an exemption from the requirement to cover contraceptive services for certain group health plans established or maintained by organizations that qualify as religious employers. Also, federal regulatory agencies have established an accommodation for religious affiliated eligible organizations, in which case separate payment may be available for certain contraceptive services. For more information about the religious employer exemption or eligible organization accommodation, please contact us at the phone number on your member ID card.