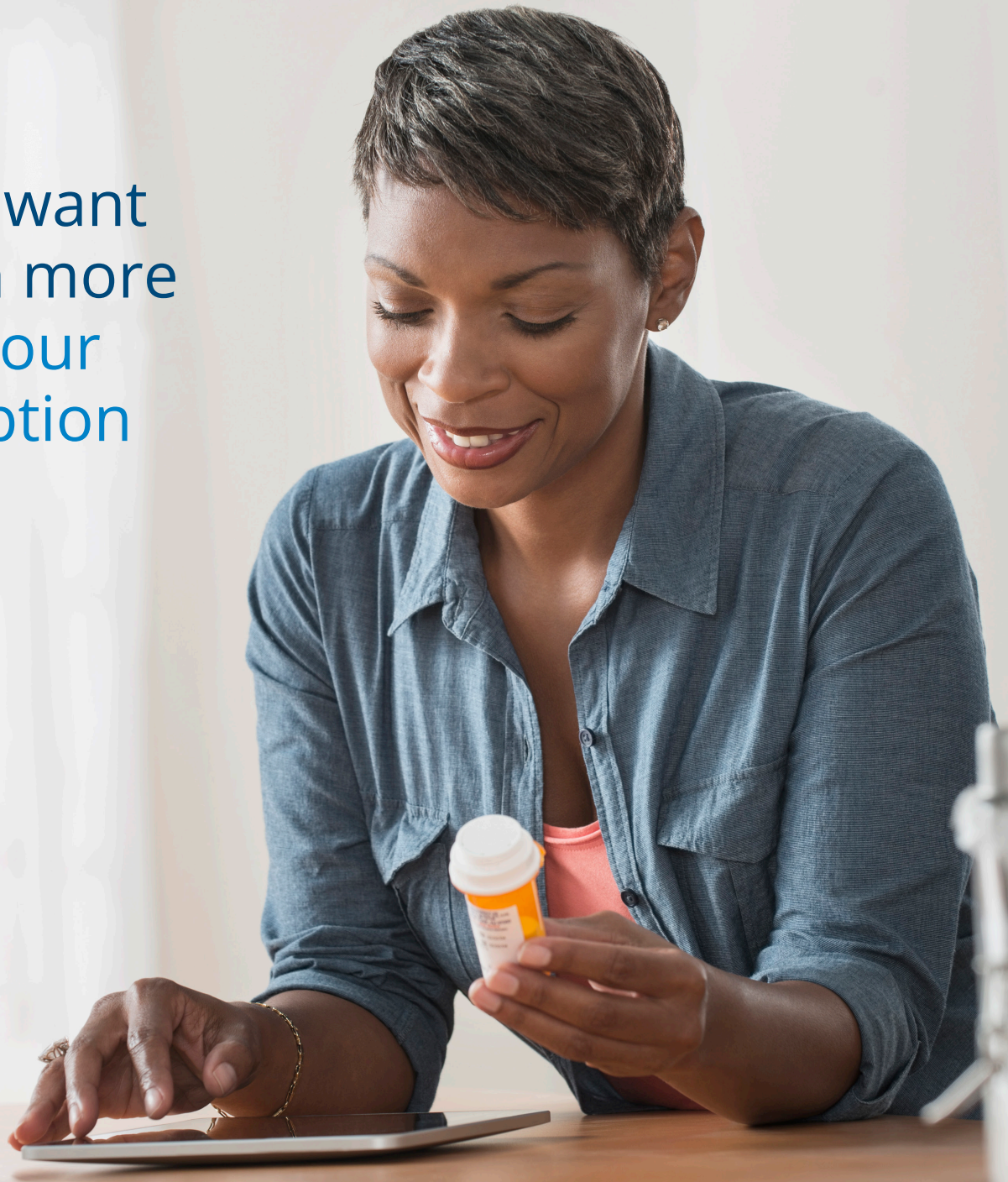




BlueCross BlueShield of New Mexico

Do you want  
to learn more  
about your  
prescription  
drugs?



Your benefit plan has a program called Pharmaceutical Care Management (PCM).<sup>\*</sup> PCM can help answer questions you may have about your prescription drugs. It may also help you find ways to save on your out-of-pocket costs.

# What is PCM?

PCM helps you get the best results from the medicines you take. You have access to our pharmacists and other resource tools to help answer questions you may have about your prescriptions.

A member of our dedicated team may reach out to talk with you about the medicines you take. The medication review by a clinical pharmacist helps make sure the medicines you are taking are safe and work well. They can also share ways to help lower your out-of-pocket costs. If you take part in this review, a clinical pharmacist and your doctor are engaged through each step of the program.

## How does PCM work?

- Prescription claims are routinely reviewed to see if members may benefit from the PCM service.
- If identified for participation, a clinical pharmacist will call you to offer the PCM review.
- This review is done to help lower your chance of a drug-related problem, such as harmful drug interactions or adherence issues. The review can also help address any cost concerns you may have.
- The discussion is provided at no extra cost to you.
- It is your choice to take part in this program review.

## What if I have questions?

You should talk to your doctor about any medication questions you may have. As always, treatment decisions are between you and your doctor.

If you have questions about your benefits, call the number on your Member ID card.

[bcbsnm.com](https://www.bcbsnm.com)

**A member of our dedicated team may reach out to talk with you about the medicines you take and help make sure your treatment is safe and works well.**



\* Coverage is based on the terms and limits of your benefit plan. Not all plans may have the PCM program review. For plans that do not have the PCM review, members can call the number on their Member ID card to speak to a pharmacist. See your plan materials for details.